

Brancaster 2019 Timetable

Please see below the timetable for your visit, this is based on 42 children and if this number changes we reserve the right to change group sizes, activities or timings. There a couple of sharp starts on the Tuesday and Wednesday with early breakfasts required.

Day		Morning session		Afternoon Session	Evening
Mon 14th		Arrive at 10:30am for welcome, safety briefing and tours. Lunch served at 12:30	A B C	Discovery Discovery Discovery	Fire Drill
Tues 15th	A B C	Team Challenges Seal Trip @ 9:45 Cycling	A B C	Coastal Safari Cycling Orienteering	Night Walk
Wed 16th	A B C	Seal Trip @ 10:15 Sailing and Flags & Codes Team Challenges	A B C	Orienteering Team Challenges Coastal Safari	Night Walk
Thurs 17th	A B C	Sailing and Flags & Codes Orienteering Seal Trip @ @ 10.00	A B C	Cycling Coastal Safari Beach conservation	Packing
Fri 18th	A B C	Beach conservation Beach conservation Sailing and Flags and codes		Lunch at 12:00 Depart at 13:00	

I also enclose the information sheet along with our Essential information & health and safety document, I will need pages 9-12 returned by 13th September 2019 but I will send a reminder nearer the time. The room allocation chart can be returned prior or on the arrival day of the visit.

If you have any questions or concerns do let me know,.

Regards

Sarah Gore-Clough

FORM 4 (1 Page)

Residential Kit List – visiting adults and children

Your child's trip to Brancaster Activity Centre will mix fun and learning. Care of belongings and wearing correct clothing is part of the 'life skills' aspect of the trip - Children will need to know what they have brought and please label all items to prevent loss.

- A complete change of clothes for each day of the visit (5 sets for full week, 3 sets for half week) Include thin layers and thicker jumpers/fleeces whatever the time of year. In the summer please pack a combination of shorts and trousers.
- Warm coat (all year round)
- Hat, gloves and scarf (except in the summer)
- Sunhat and sun lotion (high factor)
- Sturdy outdoor shoes AND indoor shoes/slippers
- Waterproof top and trousers
- Towel, wash bag and night clothes
- Sleeping bag, pillowcase and sheet
- Bin bag – for dirty items
- Water bottle
- Personal medication as required
- Pocket money in a purse (suggest maximum £10 – items in gift shop range from 50p - £4.00) Please ensure this is made up of small change.
- Small rucksack – to hold waterproofs and water bottle whilst on activity)

We continue with activities in all weathers so please pack with this in mind.

For Rafting, Coastal Safari & Kayaking – for each of these activities that are timetabled you will need:

- *A full set of old clothes, and a towel*
- *A full set of fresh clothes to change into following the activity.*
- *A pair of old shoes which do up tightly (old trainers are great – wet shoes are fine too, but please no crocs or loose shoes). These shoes will get wet/muddy/spoilt.*
- *A swimsuit/trunks **and** shorts (Not denim/jeans).*
- *For rafting or kayaking if you have a wetsuit you may bring it but please don't buy one especially.*
- *Bin bag - for wet/dirty things*

Remember – if you are doing more than one of these activities on your visit you will need more than one set of the above!

We recommend that for coastal safari and rafting that each child has a black bin bag with their name on it for the dirty clothes – to easily identify when back at the school.

Please don't bring:

Aerosols (deodorant sprays/hairspray etc – they set off the fire alarm)

Valuable items / Non-essential electrical items

Chewing gum or Sweets and snacks (excluding any required for medical needs)