

Colman Junior School
South Park Avenue
Norwich NR4 7AU



Colman Infant School
Colman Road
Norwich NR4 7AW

Mrs Catherine Wright
Headteacher

14th March 2024

Dear Parents and Guardians,

Next term, Year 5 and Year 6 will be doing RSHE in class. As a maintained school we have an obligation to teach children aspects of RSHE and we feel it is important that as a school we are clear about what that entails. The mention of the words, 'sex education' can create unnecessary anxiety for parents and carers and I want to reassure you that the focus of much RSHE in primary school is broader than you might think, focussing more so on relationships.

We follow the Norfolk KS2 RSE Solutions from Educator Solutions scheme of work in order fulfil this statutory requirement. The scheme covers issues such as building self-esteem, recognising feelings and emotions, healthy friendships, differences and similarities between girls and boys and challenging stereotypes, rights & responsibilities and growing and changing. Throughout the year we cover different aspects of the curriculum; My Feelings, My Body, My Relationships, My Beliefs, My Rights and responsibilities, Asking for Help.

We believe this is also an important part of all children's education – enabling us to ensure the content is taught sensitively and accurately, rather than through hearsay and often inappropriate/ inaccurate online 'content'. As a parent or guardian, you do have the right to request your child is removed from parts of the sex education programme, but not from the biological aspects of human growth and reproduction provided under the National Curriculum for science. However, we feel confident that the content is both relevant and appropriate for our age group.

On our website you will find a copy of our RSHE policy. Copies of the curriculum we cover can be asked for from Mrs Whyte. If you have any further questions, please do not hesitate to get in touch with school for further clarification.

Yours sincerely,

Mrs Whyte

Interim Deputy Head